

# Diversity, Dreams and Relationships

*A Process Work Approach to Embracing All of Us*



A three day workshop in Copenhagen with the international renowned therapist and teacher *Dawn Menken (US)*

***We're excited to present this exclusive three days seminar in  
Copenhagen with the international renowned therapist and teacher  
Dawn Menken***

The fundamental tools of Process Work, based on the pioneering work of Dr. Arnold Mindell, offer possibilities to find meaning in marginalization, to get beyond ideological perspectives, and to authentically meet people where they are at.

We will explore how we can work with dreams, relationship challenges, and inner and outer polarization in order to unfold the emergent and unknown experiences that can enrich personal work and offer guidance in our work with others. The ability to facilitate the diversity of viewpoints and voices that are marginal in ourselves, our relationships, and in society are seldom taught – but surely needed.

This seminar will be of interest to practitioners and professionals, students, as well as those interested in personal growth. It will offer equal amounts of theory, practical demonstrations, and give opportunity for practice.

We welcome everyone interested in the beautiful and seemingly impossible dream of Embracing all of us!

**Friday 11th – Sunday 13th of October, 2024.  
Copenhagen, Denmark.**



Dawn Menken, Ph.D. has been working in the field of psychology and facilitator development for over 35 years. She is an internationally respected educator, facilitator, therapist, leadership coach, and conflict resolution specialist. She is a co-founder of the Process Work Institute (PWI) in Portland (OR), where she co-created its masters programs and served as academic dean for more than a decade.

She has been an integral part of the development of Process Work from 1980 onwards, learning from and supporting Dr. Arnold Mindell in his discovery of Process work.

She is the author of a number of books, including the award-winning 'Facilitating A More Perfect Union: A Guide for Politicians and Leaders' and 'Raising Parents Raising Kids: Hands-on Wisdom for the Next Generation'.

***Dawn is a much sought after teacher. She knows how to get deep knowledge across in easily understandable ways. We're looking so much forward to presenting her teachings - for the first time - here in Denmark.***

Process-oriented psychology is a therapeutic approach that integrates Jungian psychology, Taoism, and quantum physics. It emphasizes working with the flow of an individual's experience, including dreams, relational dynamics, and body symptoms.

For decades, Process-work has been at the cutting edge of recognizing the deep importance of diversity work in society, relationships – and in ourselves. It offers valuable insights into addressing power dynamics, marginalization, and social justice issues. Additionally, it provides practical knowledge on how to value and incorporate our treasure chest of culturally diverse and unique individual perspectives.

### **Practical Information**

We're looking forward to welcoming international participants as well as locals. Everyone is welcome. The space is intimate, and can host a maximum of 35 participants. So make sure to book your reservation.

*The workshop is conducted in English, with an awareness of diverse language skills.*

*If you any have questions, feel free to reach out!*

#### **When:**

October 11th - 12th - 13th 2024  
10 am - 5:30 pm ( Fri+Sat )  
9:30am-5 pm ( Sun )

#### **Where:**

Space: 'Virkelig' - Tagensvej 85C,  
2nd floor, 2200 Copenhagen N  
Denmark

#### **Fee:**

Regular Fee  
600 € / 4500 DKK Early  
Bird Fee  
(Before August 10th)  
535 € / 4000 DKK

Scholarships and  
reduced rates are  
available. Reach out!

**Morten Svenstrup** organizing this seminar is a therapist and musician living in Copenhagen. Following his interest in listening, dreams and therapy, he discovered Process Work. Having attended seminars across the Globe, including a stay at the Process Work Institute in Portland (OR), he is now a driving force in cultivating the ideas and practices in Denmark. Morten has been studying with Jytte Vikkelsøe (a long term process work teacher) for a number of years.

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**[www.mortensvenstrup.dk/seminar](http://www.mortensvenstrup.dk/seminar)**

**Register now** by sending an email to [mortensvenstrup@gmail.com](mailto:mortensvenstrup@gmail.com) and you will receive your invoice. *Paypal, Mobilepay and bank transfer is accepted.*

*As soon as the fee is paid, your participation is secured.*